

PACKING LIST –

Submitted by Rob McCue, Sojourn Participant

General:

GPS (car)
Maps (road, river)
Reservation/trip info

River gear:

Camera (waterproof)
Dry bag/case
GPS (handheld)
Insulated lunch/bottle bag
Swim float
Water bottle

Camp gear/supplies:

Blanket
Ground cloth
Pillow
Sleeping bag
Sleeping pad
Tent
Earplugs
Soap
Towels
Washcloth

Books
Camp knife/fork/spoon
Citronella candle
Clothesline, pins
Coffee mug
Flashlight/headlamp
Lawn chair

Baggies
Paper towels
Spare batteries
Tissues
Toilet paper (spare roll)
Trash bags

Meds:

Athlete's Foot med
First aid/band aids
Ibuprofen
Insect repellent
Nail clipper
Sunscreen

Clothing:

Bathing suit
Beach towel
Eyeglass retainer
Hat
Hiking shoes/socks
Long sleeve shirt
Paddling top (non-cotton)
Rain gear
River shoes
Sandals
Sunglasses
Sweater/jacket
Sweatshirt/pants for sleeping

Drinks:

Electrolyte mix
Iced tea mix

Snacks:

Chips/pretzels
Granola/trail mix
Jerky
Nuts

Optional:

Personal Paddle
Personal PFD