

## Daily Plan ~ Day 4

Tuesday, June 23, 2026

### Day Coordinators:

Karen Tiesling: Friends of the Delaware Water Gap  
National Recreation Area – DAILY POINT OF CONTACT  
Sherry Acevedo: Northampton County Parks, Recreation  
& Conservation

Charlie Fineran: Friends of the Delaware Water Gap National Recreation Area  
Paige Strasko: Northampton County Conservation District  
Shannon Frankosky: Penn State Extension, Master Watershed Steward Program  
Art Charlton: Explore Warren Tourism, Warren County

### Stretch to be Paddled:

Smithfield Beach, Pa. (RM 218) to Delaware Beach, Knowlton Twp., N.J. (RM 205)  
Lunch at Kittatinny Point, N.J. (RM 211.5)

13 miles, Class I/I+ rapids

Evening Camping: Worthington State Forest Campsite, Old Mine Rd, Columbia NJ 07832

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**Morning Meeting Location for Everyone:**  
**Worthington State Forest Campsite**  
**Campground Rd., Columbia, NJ 07832**  
**See directions on page 2**

- 7:00 a.m. Breakfast and registration **for all Sojourners** in camp. **Note: Everyone must register each morning**
- 7:00 a.m. **Arriving today with a boat?** Drop off with NEWE livery then register and have breakfast.
- 7:45 a.m. Livery with boats and NCSP safeties depart for Smithfield Beach
- 8:30 a.m. **Buses leave** for Smithfield Beach (arrive onsite at 8 a.m.)
- 9:00 a.m. Arrive at Smithfield Beach for welcome remarks, safety talk & paddling 101
- 10:15 a.m. Begin launch for the morning paddle!
- 1:00 p.m. Arrive at Kittatinny Point in the Water Gap for lunch and programs
- 2:30 p.m. Back on the river for the afternoon paddle!
- 4:15 p.m. Take-out for the day at Delaware Beach, Knowlton Township, NJ and board the buses
- 4:45 p.m. Buses leave for Worthington State Forest Campsite.
- 6:30 p.m. Dinner in camp, followed by a mini-festival with local environmental, conservation & historical associations.
- 10:00 p.m. Quiet Hours in camp
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**Please Note:** If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

**Evening Camping Info:** There are full shower and bathroom facilities at [Worthington State Forest](#). Portable restrooms also provided. Sojourners will follow all Worthington State Forest rules, including no alcohol permitted.

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**Many Thanks to Today's Sojourn Partners:**

Delaware River Sojourn Steering Committee, Upper Delaware Preservation Coalition, Northeast Wilderness Experience, State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry and Worthington State Forest, National Canoe Safety Patrol, Friends of the Delaware Water Gap National Recreation Area, NPS Delaware Water Gap National Recreation Area, Northampton County Parks, Recreation & Conservation, Warren County, New Jersey: Explore Warren Tourism, Knowlton Township, N.J., We Transport, Humpty Jr.'s, Penn State Extension, Master Watershed Steward Program, Northampton County Conservation District, Lenape Nation of PA, PA DCNR Office of Outdoor Recreation

**Special Thanks to Sojourn Donors and Grantors:**

Pennsylvania Organization of Watersheds and Rivers (POWR), ShopRite, NPS Lower Delaware Wild and Scenic River and PPL

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**Arriving Today?**

**Worthington State Forest Campsite, Campground Rd., Columbia, NJ 07832**

The Worthington Forest State Park Group camping area is located off of Old Mine Road in Warren County, NJ. Enter at second gate entrance, look for Delaware River Sojourn signs. GPS: 40 degrees 58'36.01" N & 75 degrees 8'4.68" W

- [Click here for a link to get general directions to Worthington State Forest](#)

**Directions to Worthington State Forest**

**From New Jersey & New York via Interstate 80 West:**

- Take Route 80 west to the last exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- At the bottom of ramp, turn right. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on pg. 2).

Emergency Contact:  
911

**From Delaware Water Gap and points west in PA via Interstate 80 East:**

- Take Route 80 east to the first exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- Take the exit and follow the road around and under I-80 (like a really long U-turn).
- Travel on I-80 West for about 30 seconds before exiting from the westbound lane.
- At the bottom of ramp, turn right onto Old Mine Road. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on pg. 2).

**From Easton, PA:**

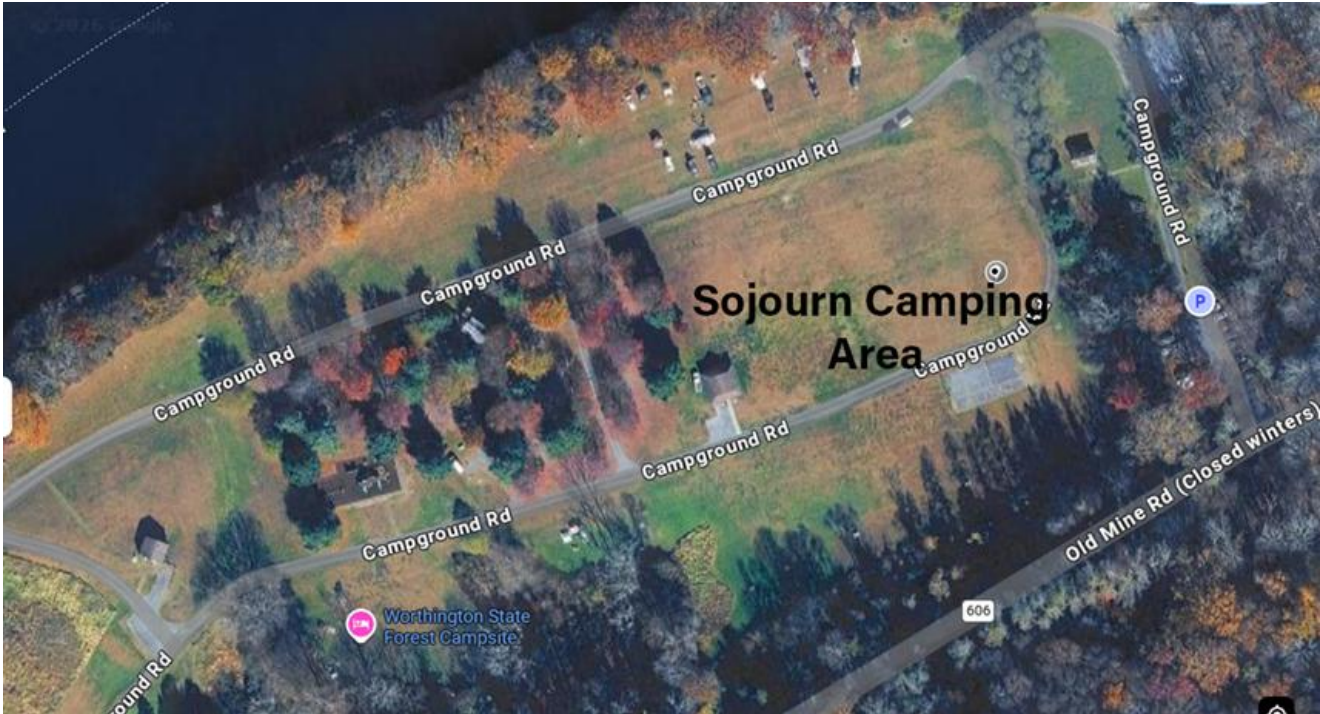
- Take PA-611 North to traffic light in Martins Creek.
- Turn right and continue on PA-611 North through Mt. Bethel toward the toll bridge and signs for Interstate 80.
- Cross the toll bridge and follow the signs for Interstate 80 West.
- Take Route 80 west to the last exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- At the bottom of ramp, turn right onto Old Mine Road. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on page 2).

**Please Note: Old Mine Road Closed North of Worthington State Forest**

Please note that the National Park Service has closed a section of Old Mine Rd. north of Worthington State Forest. To access the campground:

- Use Route 80 to get on Old Mine Rd.
- Head north for 3 miles. Campground is on the left.

Otherwise, the closure does not affect Worthington.



## Worthington State Forest Campground Map



Emergency Contact:  
911